

Chapel Hill Friends Meeting Newsletter

January, 2017

Monthly Query:

Have I experienced in worship that direct leading to listen or to speak and have I been faithful to my own experience?

Monthly Worship Tip from the M&W Committee

Waiting in silent expectation and prayer for guidance from the Light Within is the basis for our Meeting for Worship.

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Upcoming Forum Schedule

January 8: Benevolences and Practice. Report from the ad-hoc Peace and Justice committee with discussion following. Moderator: Catherine Alguire

January 22: "Eyes Ears Nose and Paws: a nonprofit organization that trains and places assistance dogs." Maria Ikenberry and Deb Cunningham will explain this program and how they work with men who are incarcerated to provide intensive training to assistance dogs. They will be joined by Al, who can give a firsthand account of participating in EENP's prison program. Al currently lives at Orange Correctional Center and works as an instructor at the EENP office via the prison work release program. Moderator: Dirk Kelder

January 29: "Voluntary Stopping of Eating and Drinking: A Little Known Option at the End of Life." As advancements in medical technology present the potential to extend life, those interested in quality of life are concerned about how to make the choice to end life when its burdens outweigh its benefits. This talk will explore the medical, logistical, legal, and ethical considerations of voluntary stopping of eating and drinking. Presenters: Susan and Elliot Schaffer. Moderator: Barbara Williamson

February 5: Update on renovations to the Meetinghouse. Presented by Don Hopper, Building and Grounds. Moderator: Andrea Wuerth

February 12: Chaplain Jerry Love and the OCC Ready Singers. Singing and spiritual connections presented by men who are currently living at the Orange Correctional Center in Hillsborough, NC. Moderator: Catherine Alguire

February 26: "Eldering for our time: its significance in this time of crisis and transition." Led by Dirk Kelder and Max Drake. Moderator: Carolyn White

IFC Needs

The IFC collects items for its Pantry, the Community Kitchen, the Community House (men's residential facility), and Project Homestart (women's residential facility). For a complete list of items needed by each facility, visit the IFC website at www.ifcweb.org/foodneeds.html.

The IFC can always use bags. Brown bags with handles are best, but they can use other types as well. Bring your extras to Meeting any Sunday.

The Inter-Faith Council uses volunteers at both the Main St. facility (pantry and community services) and Community House (kitchen and shelter). If you have some extra time, go to their website and look at the information for volunteering. You can fill out an application on-line or stop by 110 W. Main St. to pick up an application. Volunteers really are the heart of the IFC and it could not run smoothly without them. Please consider helping. Thank you!

<http://www.ifcweb.org/volunteer.html>

Listening

The meeting room is now equipped with microphones, stereo equipment, and listening devices for individuals. They only work for the meeting room; you can use them in the foyer or library to hear what is happening in Meeting.

All equipment is in the corner of the meeting room by the library door, on the small table. Every user needs a small receiver and a listening device: headphones, earbud, or t-coil. Each receiver has its own plastic "bed" that also holds a set of headphones. The earbuds are in a box (labeled). The t-coils are at the foot of the sign on the table. Put the receiver into a pocket or clip it on yourself somewhere. Plug in the listening device of choice and turn the thumb-wheel on the receiver unit until it lights up green. The sound can be adjusted to suit with the same wheel.

Earbuds are for sale; we don't want to share them. They are \$5 each, which you can put in the collection box in the Foyer. We are still working on getting the t-coil units to work. We will keep you posted. Please ask David Curtin, Wendy Michener, or Richard Miller for assistance.

Fresh batteries are in a box on the table. Please put spent batteries in the "exhausted" box.

Remember to RETURN the unit and listening device to a plastic "bed" before you go home!

Listeners please be aware: the system chooses from four microphones to deliver sound. It chooses the loudest voice(s). It transmits ALL sound from the area around the mic that it chooses (we have four mics). During rise of Meeting or the children's leaving, this may get loud, and it will likely switch from one mic to another as voices rise and fall.

Speakers please be aware: this system is delivering sound, but it is not adjusting the sound levels. If you mumble, it will deliver a mumble. If you are soft spoken, the listener can turn up the volume. If you are loud, they can turn it down. If your volume goes up and down and up again, you will aggravate the assisted listeners. Try to choose one volume and stick to it through your message. If you change your volume, try for doing it gradually. To the assisted persons, it seems as if you are standing right next to them, and a shout can deliver a profound shock.

Welcome Karen Hurka-Richardson

Help us welcome Karen Hurka-Richardson as a new member of Chapel Hill Friends Meeting! All are invited to a welcoming tea, January 8, from 3 to 5 PM at the home of Carolyn White (300 Tripp Farm Rd, Carrboro). Hope to see you there! (Children welcome.)

Please Sign Up Now to Attend Quakerism 101 in January

The Ministry and Worship Committee is offering Quakerism 101 beginning in late January (see dates and topics listed below). There will be a series of four two-hour sessions. Using a multi-media approach and small and large group discussions, we'll cover history, beliefs, worship, social witness, decision making, and other traditions of Friends. Although each class is designed to "stand alone," there is a natural flow of information about Quakerism that builds with each succeeding session. The classes will meet every two weeks, and each session will be offered twice--once on a Saturday afternoon from 2 to 4 PM and again on the following Monday from 7 to 9 PM. This will enable the maximum number of people to participate, as well as provide some flexibility in personal schedules.

If you plan to participate, even in only one session, we would still like to hear from you. A listserv of all participants will be created and will become the vehicle for disseminating readings and videos prior to each class. Please email Linda.drake100@gmail.com if you wish to participate.

These sessions will be held in the multipurpose room of the schoolhouse, adjoining the Meetinghouse.

Session 1: Foundations of Quakerism
Saturday, January 21, 2:00-4:00 PM
Repeated Monday, January 23, 7:00-9:00 PM

Session 2: Meeting for Worship
Saturday, February 4, 2:00-4:00 PM
Repeated Monday, February 6, 7:00-9:00 PM

Session 3: Meeting for Worship with Attention to Business
Saturday, February 18, 2:00-4:00 PM
Repeated Monday, February 20, 7:00-9:00 PM

Session 4: Faith-based Witness in Our World
Saturday, March 4, 2:00-4:00 PM
Repeated Monday, March 6, 7:00-9:00 PM

Welcome Dylan Whitten Barker

Please join us as we welcome Dylan Whitten Barker to the Meeting on behalf of her parents Andrew Barker and Alexandra Hearsey Barker and her grandmother Hart Pillow. She will be welcomed at the close of late meeting and at the potluck on February 5.

Quaker Focusing Training

There will be a Quaker focusing training on January 22 from 12:30 to 5 PM, beginning with potluck, at the Chapel Hill Friends Meeting. International focusing teacher Robert L. Lee will lead the training in the schoolhouse multi-purpose room.

This training does not require any further commitment. Further trainings and movement to an ongoing Quaker-focusing group can happen organically if there is sufficient interest.

Please reserve your spot early with an email to Robert Lee (robert@focusingnow.com) as we are inviting friends from the other meetings in the Piedmont Friends Yearly Meeting and Connectors from churches, temples, and synagogues participating in the Faith Connections for the Mentally Ill (FCOMI) movement.

There are a number of similarities between focusing and Quaker process. Focusing is a method of “querying.” You make special questions and you hold them and wait for an internal response. This waiting (for the light, as it is called by Quakers) is different than normal thinking and discussion.

The Quaker Focusing Project is intended to

- strengthen wellness and creativity and grace in meeting the dilemmas of life
- strengthen mental health
- develop empathic listening skills
- strengthen community within and between Quaker institutions

This training is sponsored by the Mental Health Concerns Committee. It has also been endorsed by the Care and Counsel committee and Ministry and Worship committee of the Chapel Hill Friends Meeting.

For more information email Robert Lee: robert@focusingnow.com.

Friendly Sewing Repairs

Do you have a favorite sweater that has been nibbled by a moth? A button that spontaneously popped off a shirt? A seam that split the last time you laughed hard? Bring it to us for a free stitching repair! Several Quaker women who enjoy doing handwork meet monthly--our gatherings keep us in stitches--including quilting, knitting, embroidery, crochet, needlepoint, or just plain old mending. If you have something that needs a little stitching repair, please bring the article to Meeting or contact Catherine Alguire at alguire.catherine@gmail.com. We would be very happy to do small handwork repairs for you during our monthly fellowship.

Chapel Hill Friends Meeting Anti-racism Workshop

When: January 12, 2017, 7-9 PM

Where: Chapel Hill Friends Meeting

The Meeting will host an anti-racism workshop facilitated by Triangle Showing Up for Racial Justice (SURJ). The workshop is open to all attendees and members of Chapel Hill Friends Meeting. Everyone is welcome. The purpose of the workshop is to encourage and support white people to show up for racial justice. Participants will learn more about ways in which racism operates in our society today and how we can work against it. We'll discuss how people in power have historically and at the present used racism to divide and conquer us, the power of multi-racial coalitions who have worked together in spite of these efforts, and the role each of us can play in the current movement against racism. This short, two-hour workshop is being developed as a pilot program but will be led by experienced facilitators with many years of experience leading similar workshops. The thoughtful feedback of participants will be very helpful in developing the newly-designed workshop. To register or for more information, please contact Stacey Sewall, sewall@email.unc.edu. For more information on SURJ, please visit <http://www.showingupforracialjustice.org/about>.

Tar River Friends

Tar River Friends is a Quaker worship group located in southern Franklin county (just north of Wake Forest). Starting on January 22, 2017, we will host silent Meeting for Worship on second and fourth First Days. Chapel Hill Friends so moved are welcome to visit with us and join in the worship.

For the location of our next Meeting for Worship and other information, call 919.588.4659 and listen to the message. If you would like to speak with someone, leave a voicemail with your name and phone number, or else send an email to trf.quaker@gmail.com.

2017 First Quarter Schedule:

January 22

February 12, 26

March 12, 26

Meeting for Worship begins at 10:30 AM and lasts one hour. Announcements and fellowship follow. There is no children's program at this time.

Friends Music Camp

Pam Wilkinson, one of the co-directors of Friends Music Camp, shares with friends,

Friends Music Camp is a Quaker-run music camp that takes place at Earlham College in Richmond, Indiana. We are actively seeking campers for our sessions this summer. I'm sure it's hard to imagine planning the summer when winter is barely upon us but I know many people make decisions about their summer early in the year, so I wanted to get in touch to offer a little more information!

Friends Music Camp is open to campers from 10 to 18 years old at all musical levels. The session this year runs from July 9 to August 6. For campers between 10 and 12 years old, there is an option for a two-week session only, which runs from July 9 to July 23. This is a wonderful experience for any young music student. There is a great deal of information about FMC on its website, www.friendsmusiccamp.org. If you have any questions about FMC, feel free to contact Pam Wilkinson, the camp director, at pamwilkinson89@gmail.com. You might also talk to Jennifer Leeman, whose daughter attended the camp for several summers.

BYO Plate

We celebrate the often large attendance at potluck and we thank the meeting for continued help with potluck cleanup. However, large attendance does create a lot of dishes to wash. Therefore, we request that Friends bring their own plates, cutlery, and glasses to potluck and take them home to wash. We know of other groups that use this practice successfully and we propose it as another way to be environmentally friendly. We recognize not everyone will remember to do so. Those who do will be allowed to be first in line for potluck. Thank you.

Reminder: Hillsborough Worship Group

The Hillsborough Worship Group meets on Sundays at 11 AM at the small building at 121 West Margaret Lane. There is parking next door at the library. This group is under the care of the Durham Meeting and has a minute of support from our meeting.

Calling for Book Reviews

Have you read an inspiring book from the Meeting library lately? Or have you read a book we don't have in the library that you feel would be worthwhile to have in the collection? The Library committee would like to invite members and attenders to consider writing brief book reviews for the newsletter. Share the insight or inspiration you received from your readings. Please send a copy of your review to the library committee as well at library@chapelhillfriends.org. We are always looking for suggestions for new books to add to our library. Thank you. The Library Committee

New Year Poem

Nancy Elkins shares with friends,

Give us through the coming year
Quietness of mind,
Teach us to be patient
And always to be kind,
Give us reassurance
When everything goes wrong
So our faith remains unfaltering
And our hope and courage strong -
And show us that in quietness
We can feel Your presence near
Filling us with joy and peace
Throughout the coming year.

--Helen Steiner Rice

Chapel Hill Friends Meeting
Minutes for the Meeting for Worship with Attention to Business
9:00 AM, December 18, 2016
Matt Drake, Clerk, and Carolyn White, Recording Clerk

1. Matt Drake, Meeting Clerk, welcomed all and thanked Carolyn for serving as recording clerk. He announced that hearing devices were available and thanked Wendy Michener for instructing Friends on their use. First time attenders were Karen Porter and James Warren. We then entered worship. Matt read the query: "How do I strive to maintain the integrity of my inner and outer lives - in my spiritual journey, my work, and my family responsibilities? How do I manage my commitments in ways that enhance my integrity?"

2. The minutes of the November 20, 2016 MWAB were approved with the substitution of "The clerk brought forward" for the phrase "Tom Ludlow, member of the Meetinghouse Renovations Fundraising Subcommittee, brought forward . . ."

3. Tom Ludlow, member of the Meetinghouse Renovations Fundraising Subcommittee, brought the recommendation **"that the Meeting begin a fundraising campaign the afternoon of December 18, 2016 to raise the funds needed initially to renovate the lower level of the meetinghouse. Friends will be encouraged to contribute to the annual budget and, in addition, contribute to "the meetinghouse renovations fund." The meetinghouse renovations campaign will encourage initial gifts by December 31, 2016 and by March 31, 2017. If it appears that contributed funds will not be adequate to pay for the renovations, the Meetinghouse Renovations Fundraising Subcommittee will investigate and recommend alternatives to MWAB."** Tom gave the following update: "The immediate goal is to raise \$70,000-\$80,000 in contributions by the spring of 2017. This amount in contributions combined with the money that will be available from Meeting funds (approximately \$160,000) should be sufficient to pay for the estimated \$230,000 cost of the lower level renovations. The fundraising campaign feasibility conversations to date indicate that Friends may contribute more than \$180,000 to renovate the Meetinghouse."

Time was devoted to questions and answers. A concern was raised that the recommendation implied that contributions will be invited now for renovations beyond the lower level even though planning for the additional renovations is still in process. Others supported raising funds now for future renovations. After further discussion the clerk asked if Friends approved the recommendation. One Friend objected and did not wish to stand aside or be recorded as standing aside. Questions and explanations ensued about Quaker process, the definition of unity in Quaker decision-making, and the responsibilities of the clerk. **After a time of worship the clerk discerned that the recommendation was approved.**

4. The Naming Committee of Dave Curtin and Nancy Elkins recommended that Gwen Pomeroy, Micheal Jokinen, and Pat Mann serve on the Nominations Committee starting in January. Friends approved, with gratitude, these Friends to serve on Nominations and thanked the Naming Committee for its good work.

5. Lynn Drake, Co-clerk of Ministry & Worship Comm. summarized the "Spiritual State of the Meeting" report held over from last month, printed in the newsletter, and posted on the website. **Friends approved the Spiritual State of the Meeting report with gratitude.**

6. The annual report from the Mary and Claude Shotts/Leadership Development Fund Committee was presented by Jan Hutton, Clerk. **Friends accepted the Committee's annual report with gratitude.**

7. Kitty Bergel, Co-clerk of Finance presented the committee's recommendation **that we purchase a Director, Officers and Trustees coverage rider to our Church Mutual insurance policy. The cost will be \$98/year for \$500,000 coverage, with a \$1,000 deductible, and the money will come from Contingency budget line.** After discussion, **Friends approved the recommendation** with the suggestion that the committee investigate whether this insurance includes clerks of committees.
8. Naveed Moeed, Co-clerk of Peace & Justice Comm, brought the committee's recommendation that the Meeting assume sponsorship of a refugee family from Afghanistan already living in Durham. Naveed's presentation answered many potential questions. He assured Friends that the core team assisting the Syrian family can, with assistance already present in Durham, provide the additional help needed by the Afghanistan family. **Friends approved sponsoring the resettlement of the Afghanistan family.**
9. Tom Munk, Co-clerk of the Peace & Justice Committee, reviewed work done to encourage criminal justice reform legislation in Congress by students in the Upper School of Carolina Friends School, FCNL, and teens in First Day School. He reported on recent contacts by Meeting members with staff members of Rep. Price and Senators Burr and Tillis in support of this legislation in the next Congress. **P&J proposed that the Meeting send letters to our Congressmen asking them to support relevant criminal justice reform legislation in the next session of Congress. Meeting approved.**
10. The annual report of the Care and Counsel Comm was presented by Deborah Gibbs, Committee Clerk. **Friends accepted the C&C Comm annual report with gratitude and appreciation for their work.**
11. Announcements: Christmas Eve candlelight service, December 24, 5:00/5:30PM; on Christmas Day, no forum, no FDS program, no nursery/childcare. The January 1, 2017 forum consists of two parts – "A Proposal for Hope: Reaching the Other" by Nancy Milio and small group sharing on "Where do I turn to find hope for the future? How can my life be a beacon of hope for the future?" On January 8, 3-5PM Welcome Tea for new member Karen Hurka-Richardson at Carolyn White's; registration is open for the Quakerism 101 series of four classes starting on Jan. 21 & 23; suggested topics are welcome as ARE schedules forums through June.
12. We closed with worship and our circle of Friends.

Attending: Matt Drake (clerk), Carolyn White (acting recording clerk), Alice Carlton, Dave Curtin, Tom Munk, Chris Stanley, Faye Stanley, Max Drake, Deborah Gibbs, John Hite, David Schneider, James Warren, Monteze Snyder, Ben Ray, Wendy Michener, Asta Crowe, Ken Grogan, Karen Porter, Kitty Bergel, Ann Miller, Carolyn Stuart, Mecheal Jokinen, Jan Hutton, Julia Cleaver, Lloyd Kramer, Jeff Brown, Lynn Drake, Madelyn Ashley, Ronnie Morris, Joyce Munk, Paul Munk, Dottie Heninger, Emilie Condon, Perry Martin, Tom Ludlow, Richard Miller, Bettie Flash, Naveed Moeed, Nancy Elkins, Hank Elkins.

Shotts Memorial and Leadership Development Fund Committee Annual Report, 2015-2016

The Mary and Claude Shotts/Leadership Development committee oversees two funds to support the leadings of Friends, both members and attenders, to enrich and deepen their capacity for leadership within the Meeting, the local community, and the Religious Society of Friends.

The Mary and Claude Shotts Memorial Fund, established in 1973 from funds donated by members of the Shotts family, provides financial support to enrich and develop the lives of individuals with a relationship to the Chapel Hill Friends Meeting. Grants from this fund are distributed from the interest earned on principal.

The Leadership Development Fund, established in 1982, provides grants to benefit the spiritual life of the Meeting through the enhancement of leadership capabilities in individuals. Grants from this fund are distributed from money carried over from prior years and from annual allocations approved by the monthly meeting.

Friends Fiduciary manages the investments for the Shotts Memorial Fund, and our current balance is \$30,219.46. From this fund, we receive approximately \$1200 in June and December in interest, to give out each year as disbursements. Our current funds' balance in our BB&T account is \$5,767.06.

To stem some possible confusion about which grants flow, from which fund, we would like to explain. Since we get requests any time and want to be able to respond quickly so that those requesting support can make their plans accordingly, we make the grants from whichever fund has sufficient capital to cover the grant with some money remaining in that fund.

This committee is somewhat of a mystery to people, so we are trying to do more to demystify it, making the road to requests less fraught. Most people do not realize that we are not need-based. Our mission is to support Friends growing in their Quakerism and in their leadership. Sadly, in our culture, there can be shame attached to requesting financial support. In conversations with some recipients over the years, we've heard the expression of a sense of shame in requesting the money. When those who receive funds share their names and the project for which they received monies, we believe this transparency may help normalize making requests for others. Of course, we make it very clear that it's fine to not use their names and to share only the project that was funded.

A second obstacle is the concern of members and attenders that their requests for support are making it more difficult for those who may be more need-based, to receive funding. The following statement from Ann Shy, one of our recipients this year, addresses this concern.

"I've heard about the Shotts/LDC fund availability over the years. At first, I thought it was need-based, and at that time I never felt that I could push someone else aside who might need it more, so I didn't consider it. Then over time it became apparent to me that it was not need based and it was really an opportunity to enrich the life of the Meeting by getting members and attenders out there to participate in, and bring back to the Meeting, meaningful opportunities. So when I knew I wanted to attend a certain event, and it was mentioned that Shotts/LDC funds were available, I didn't hesitate to request funds. My request was very quickly acknowledged and answered (affirmatively!) and it was a simple process."

We are certainly working to open doors, as evidenced by the considerable number of grant recipients since our last annual report in November 2015.

Fiscal Year, 2015- 2016: Ruth Zalph received funds for a trip to Cuba with Code Pink; Tallulah Chen, for attending a FCNL Teen Lobby Weekend; Maura Murphy, for QuickBooks training to augment her role as CHFM treasurer; Wendy Michener, to attend the FGC Gathering.

Fiscal Year, 2016 - 2017: Pam Schwingl and Pat Mann for attendance at a School of the Spirit Silent Retreat; Jeff Brown, as the new Clerk of Piedmont Friends Fellowship, to attend a Pendle Hill Clerking workshop; Ann Shy, Jim Palmer, Emily Buehler, and Jamie Jacobs for participation in a Racial Equity Training, Phase 1; Maura Murphy, Carolyn White, in their roles of service on various CHFM committees, to attend a ServantKeeper software workshop; Allie Scales, for an online course with the UK's Woodbrooke Quaker Center.

Our total disbursements, including both funds, were \$2610 from October 2015 to October 2016.

Respectfully submitted by the Shotts Memorial/Leadership Development Committee: Jan Hutton, Clerk; Lynn Drake, Lori Fernald Khamala, Lloyd Kramer, Gwynne Pomeroy, Roberto Quercia, and Monteze Snyder

Supporting a New Refugee Family

Brought to Meeting for Worship with Attention to Business 12/16/2016 by the Peace and Justice Committee

Background

In the course of working with refugees two members of Chapel Hill Friends Meeting came across the case of an Afghan single-mother of four (ages 6, 5, 3 and 2), who was in need of some assistance. While she has been here some months her condition with regards to work, health, accommodation and family life were deteriorating. Her core support was lacking, with a couple of ad-hoc volunteers trying to attend to her needs; one of these a local police officer in Durham County. It was quickly determined that with some small assistance her course could be corrected and she could become sustainable. Without this intermediate help it was apparent that she would suffer and in the worst case lose her children.

Reminder on how our Refugee Project is setup

- Our refugee project is under the care of Peace and Justice
- It was setup to support initially a single family from Syria (at that time size, shape, arrival or any other details of the family were unknown; just that Lutheran Services Committee would place a family with us)
- The project uses the COSA (circles of support and accountability) model, with a core group attending the family and a larger group sustaining needs as they arise
- Not knowing at the time the Meeting's appetite for refugee support it was decided to adopt this as a "project" rather than as a subcommittee and also decided at the time to not limit this to support for a single family as incoming funds might be more than required or expected

The ask

- 1) To capitalize on the momentum of our work so far with the Syrian family and use that energy to exercise a small effort that has a large impact on this family
- 2) To ask the Meeting to accept this family as one which we are already helping; providing the corporate and emotional backing this currently lacks
- 3) To use the existing framework that we have to support the current CHFM volunteers; these volunteers will become the core group for this family. (Naveed Moeed, Jack Wolf and partner, Ed Bowen, Mistie Gotch, Cpl. Bobby Paffel). More help is always welcome.
- 4) To use the framework already in place to disburse some limited funds for assistance of the family from the existing Refugee Project funds. \$500 needs to be reimbursed to Friends for expenses related to the family's move into their new accommodation.

What we do not need

More fundraising

More volunteers

More furniture

More time than is already being expended by Friends in the Meeting on this family

Queries

Query	Response
Why should Chapel Hill Friends meeting do this?	This is a natural extension of the existing support and importantly does not require more volunteers or more funds or more time from existing Friends
What's the time line?	They are already here (in their 5th month) and have moved into government housing. The mother's English is improving greatly and the kids English is very good for their ages and background
How will the mother earn a living	She is working part-time in a fast-food establishment and moving to a part-time job at a supermarket so she can attend class
What are the long-term support consequences?	The support required is: <ul style="list-style-type: none"> - very limited financial support (the mother is working, they have housing, they have benefits) - emotional and cultural support - support with bureaucracy - education (for the mother and children), ESL - Transportation on occasion - Learning to drive
Out of these support requirements what will be the energy required of CHFM?	None that is not already being given. The ask is that those volunteers who are currently helping be provided the corporate and emotional support of the Meeting
What resources i.e. Afghan families and volunteers to help with the project who already live here?	She is still being helped (non-fiscally) by the mosque, Pakistani and Afghan families there. Like the Syrian family she is out of the initial 3-month support period for refugees. What she is missing is a go-to-group of volunteers who are aware of her situation and help her proceed with her acculturation.
Will Chapel Hill Friends be raising any new funds?	We are not actively raising new funds; we do accept offers as they come in. Expenses which require reimbursement will be managed out of the current project funds which stand at over \$2,500.
What does the current refugee team think about the Meeting's taking on another family?	This request comes from existing core team members dealing with the current family
What is their advice?	As the level of help and effort needed is not as great as that of the current family (by any measure), we can effect great change in this family's life by exercising a smaller effort
What makes P&J think our Meeting has the willing volunteers to work with a second family?	We already have a core team setup and working with the family. As well as Friends this consists of some wonderful external support which includes a member of the Durham Police Department
What tasks will taking on a second family require of the Meeting's treasurer?	Maura will be involved since all disbursements require her effort and tracking, even if we're not seeking additional contributions. Documentation of disbursements will be the same whether they're made for the benefit of our Syrian family or for the Afghan family.
Has Maura been consulted?	In process
Where is the family now and/or when will they arrive?	They are already here (in their 7th month). The Children are in school, the mother is working
Where will they be housed?	They are in Durham Housing Association's Liberty Street project
Will they have the same kind of needs for furniture, transportation, language training, etc.?	They have furniture. They may have some transportation needs but mostly that is taken care of by the police officer on the core group.

Chapel Hill Friends Care and Counsel Committee Annual Report - 2016

The Care and Counsel Committee serves the Meeting by overseeing the pastoral care of each member and attender of the Meeting, and is concerned with each one's overall wellbeing. In doing this work we are dependent on requests from those in need, as well as other members who may know of such need. The committee is always mindful of the necessity of privacy and confidentiality.

Members of the committee have participated in numerous clearness, support and membership committees this year, some of which are ongoing. We were part of clearness committees for membership for Buffie Webber and Karen Hurka-Richardson in 2016. We welcomed Jolene Stanley as a new member of Will Stanley and Lauren Hart's family (and Chris and Fay Stanley's) family and a new addition to our meeting, and supported the family of Susanne Gomolski in hosting a celebration of her life. Other clearness and support committees were formed at the request of members and attenders.

Care and Counsel continued discussions concerning ways to better meet our committee calling to serve members of our community. We hosted a forum in February to encourage attention to planning for end of life or disability, and updated planning documents available on the Meeting's website. A member of Care and Counsel is part of the Meeting's Archives Committee, to ensure that life transitions are documented. In April, we hosted a forum regarding alcohol use on Meeting property. With better understanding of each other's views on the topic, we proposed that our policy be *to have no alcohol on the meeting's grounds, whether events are sponsored by our community or by others*, which was accepted by June Meeting for Worship with Attention to Business. In September, we sponsored a forum titled *Matters of Choice*, to support us all in discerning how we allocate our time and efforts.

The committee sponsored a Meeting for Healing in August to prayerfully hold our concerns for those experiencing illness and loss. We also support the work of other committees in such efforts as the Transition Committee for Returning Citizens and the Mental Health Support Group.

Care and Counsel works to maintain connections with those who have difficulty attending Meeting by visiting and coordinating transportation to Meeting. We also reach out to those who seem to have fallen out of touch with the Meeting. With the Publications and Records committee, we contact members who may wish to be listed in the Directory even though they do not currently attend Meeting for Worship. The committee also oversees a fund by which we can assist individuals in the Meeting community when compelling needs arise.

During 2015, Madelyn Ashley, Gwynne Pomeroy, and Bill Schweke each completed their two terms of service to the committee, and we appreciate their contributions. We have been grateful to welcome new members Ann Miller and Jasmine McKewen, who are already valuable contributors to our work. As Tom Munk completed his term as clerk, he also completed his role as an exceptionally active *ex officio* member of our committee. We now appreciate the support and wisdom of our current Clerk, Matt Drake. Other Care and Counsel Committee members for this year are Kitty Bergel, Jeff Brown, Bonnie Raphael, Eloise Graethwohl, Jennifer Leeman, Tom Ludlow, and Deborah Gibbs, Clerk.

Calendar

(All events at Meetinghouse unless otherwise indicated.)

- Thur. 1/5 9am–1pm CHFM Serves Lunch at Interfaith Shelter
Fri. 1/6 4:30-5:30pm Vigil for Peace & Justice—E. Franklin & Elliot Rd
- Sun. 1/8** 8:30am Meeting for Worship (Early)
9:45am Forum: Benevolences and Practice
11am Meeting for Worship (Late)
11am Meeting for Worship—Carol Woods
3–5pm Welcome Karen Hurka-Richardson—White residence (see p. 3)
- Tue. 1/10 7–8pm Yoke Fellows Prison Visitation—Call Hank Elkins
Thur. 1/12 7–9pm Anti-racism Workshop (see page 6)
Fri. 1/13 4:30-5:30pm Vigil for Peace & Justice—E. Franklin & Elliot Rd
- Sun. 1/15** 8am Meetinghouse open for worship
8:30am Meeting for Worship (Early)
9:00am Meeting for Worship w/Attention to Business
11am Meeting for Worship (Late)
11am Meeting for Worship—Carol Woods
- Tue. 1/17 7–8pm Yoke Fellows Prison Visitation—Call Hank Elkins
Fri. 1/20 4:30-5:30pm Vigil for Peace & Justice—E. Franklin & Elliot Rd
Sat. 1/21 2–4pm Quakerism 101—Schoolhouse (see page 4)
- Sun. 1/22** 8:30am Meeting for Worship (Early)
9:45am Forum: Eyes Ears Nose and Paws
11am Meeting for Worship (Late)
11am Meeting for Worship—Carol Woods
noon Families and Friends Affected by Mental Illness—Schoolhouse
12:30–5pm Quaker Focusing Training—Schoolhouse (see page 5)
- Mon. 1/23 7–9pm Quakerism 101—Schoolhouse (see page 4)
Tue. 1/24 7–8pm Yoke Fellows Prison Visitation—Call Hank Elkins
Fri. 1/27 4:30-5:30pm Vigil for Peace & Justice—E. Franklin & Elliot Rd
- Sun. 1/29** 8:30am Meeting for Worship (Early)
9:45am Forum: Voluntary Stopping of Eating and Drinking
11am Meeting for Worship (Late)
11am Meeting for Worship—Carol Woods
12:30pm Potluck—Schoolhouse
10pm Deadline To Turn In Items For Newsletter!
- Thur. 2/2 9am–1pm CHFM Serves Lunch at Interfaith Shelter
Fri. 2/3 4:30-5:30pm Vigil for Peace & Justice—E. Franklin & Elliot Rd

Chapel Hill Friends Meeting
Chapel Hill Monthly Meeting of the Religious Society of Friends
531 Raleigh Road, Chapel Hill, NC 27514 (919) 929-5377

Meetings for Worship at 8:30 and 11:00 AM
Forum at 9:45am; Child Care from 9:30 AM–12:15 PM
First Day School from 11:15 AM–12:00 PM
Clerk of the Meeting: Matt Drake (919) 968-0044
Resident: John Hite (919) 929-5377

- Newsletter. This newsletter is published every first Sunday under the care of the Publications and Communications Committee. Paper copies are available at the Meetinghouse and a PDF is posted on the Meeting website, www.chapelhillfriends.org. The deadline for submissions is 10 PM on the last Sunday of the month. Email submissions to news@chapelhillfriends.org or call Emily Buehler, (919) 475-5756. Please include “newsletter” in the subject line.
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- Website. To get items posted on our website, send them to news@chapelhillfriends.org.