

Chapel Hill Friends Meeting

Newsletter

Second Month, 2019

Monthly Query:

How do I affirm and support the Divine presence in the process of discernment and reaching a decision?

Monthly Worship Tip from the M&W Committee:

Is the hour of meeting for worship the only time in the week you seek to nourish your spiritual life?

Upcoming Forum Schedule

Forums are offered every Sunday from 9:45 to 10:45 a.m. (except the third Sunday of each month which is the 9:00 a.m. Meeting for Worship with Attention to Business). Features include a wide variety of topics related to Quaker faith and practice, social issues, personal sharing, Chapel Hill Friends Meeting Committees, outside speakers, etc. These forums are offered through the Adult Religious Education Committee to enhance and deepen our spiritual lives.

Feb 3: **"Quaker 8's: Fostering a Sense of Community."** Participating in a small group is a way to deepen our connection to each other. Come learn about the range of small groups that have previously been organized in the Meeting and suggest ideas for new groups. The discussion is sponsored by Care and Counsel committee and led by Jennifer Leeman and Tom Munk. Moderator: Catherine Alguire

Feb 10: **Wounded Healers.** Led by William "Mecca" Elmore and other men who were formerly residents of the Orange County Correctional facility. The group will discuss their peer support efforts to OCC adults transitioning to community living and to youth in need of healing. Moderator: Max Drake

Feb 17: Meeting for Worship with Attention to Business - 9:00 a.m.

Feb 24: **Quaker House - ongoing and new activities.** Kindra Bradley, Director of Quaker House in Fayetteville, will present on their review of broad trends in its work over the last 50 years and looking forward to the future. She will also touch on the new writing group for people who are or have been in the military and why it is an important addition to the programs offered at Quaker House. Introduced by Curt Torell. Moderator: Deborah Gibbs

Mar 3: **TALKING ABOUT WHAT NO ONE WANTS TO TALK ABOUT: What to do when shots are fired...** or when some other emergency happens...in the Meetinghouse...or wherever you happen to be. We'll share recommendations from local fire, police, our own months-long research, and responses from each of you as we discern our next steps. Facilitated by Matt Drake, John Hite and Jan Hutton. Moderator: Carolyn White

Mar 10: **Friends House Moscow.** CHFM member Karen Porter, a Friends House Moscow (FHM) board member for seven years, will talk about the work of the only Friends organization in the Russian Federation, which includes work with conscientious objectors, orphans, school children, and others in need in both Russia and Ukraine. The international board includes representatives from the U.S., U.K., and several European countries, as well as Russians. Moderator: Andrea Wuertth



Piedmont Friends Fellowship and Yearly Meeting Annual Retreat

April 19–21, 2019 at Carolina Friends School in Durham. The theme of the weekend is Peace Work. We will recognize and celebrate the 50th anniversary of Quaker House of Fayetteville and the 51st anniversary of Piedmont Friends Fellowship.

Ruth Zalph's court hearing

In May, 2017, 88 year old Ruth Zalph was arrested at the NC State legislature in Raleigh and charged with "Second Degree Trespassing" for chanting, praying, singing and refusing to leave before Sen. Phil Berger or a staff member would speak with her or anyone in her delegation. As Senate President Pro Tem, Phil Berger holds the most powerful job below the governorship. Systemic racism, a major factor in poverty, was the issue addressed that week. Gerrymandering of voting districts is rampant and Sen. Berger refuses to address this issue. This infringes on the right to choice of representation for the voters involved, and mostly affected black voters. Ruth intended to convey this statement to the legislature: "I enjoy rights and privileges awarded me every day, not because of any achievements, but solely by the color of my skin, and this is abhorrent to me and against my Quaker faith. I will resort to all non-violent actions until people of every color and sexual orientation share these identical constitutional rights.

Ruth plans to plead guilty and ask for active jail time. She will say "As a Quaker I will be honored to follow Quakers who for hundreds or years have endured jail, torture and death in standing up for their beliefs. "Civil Disobedience to the North Carolina law is Civil Obedience to my God"..

The court date is 9 am, Monday, February 4th, at Wake County Justice Center, 300 South Salisbury St. Raleigh. Please contact Tim Fogarty for carpool information. tgfogarty62@gmail.com; 336-430-7791).

A call to good stewardship

The Finance Committee invites you to consider Electronic Giving. It is a convenient, consistent way to help our Meeting year-round. The **NEW eGiving** option makes it easy. eGiving allows you to set up automatic recurring contributions or a one-time gift. Also, you will be able to view your complete online giving history at your convenience. Simply follow these easy steps:

1. Visit the Meeting website at [<http://www.chapelhillfriends.org>],
2. Click the **Donate** button, then click the "Making a contribution online by credit or debit card" link
3. Click the Create Profile button, then
4. Follow the onscreen instructions to create an online profile and to schedule your recurring or one-time contribution.

Many thanks for your generosity to our community and various ministries!

The Finance Committee ~ Ann Miller, co-clerk

Seeds of Renewal - Now that the new *Burpee Seed Catalogs* have been sent to gardeners around the country, it indicates that seasons for renewal are not far behind.

What seeds of personal renewal are YOU considering?

- Attending Piedmont Friends Yearly Meeting (piedmontfriendsfellowship.org)?
- Friends General Conference summer Gathering (www.fgcquaker.org/connect/gathering)?
- Pendle Hill workshop (pendlehill.org)?
- School of the Spirit retreat (www.schoolofthespirit.org)?
- FCNL lobbying weekend (www.fcnl.org)?
- Racial Equity Institute Workshop (oaralliance.org/workshops)?
 - Whatever choice you make to enrich your life as a Quaker, funds are available to help support your participation from the Shotts Memorial and Leadership Development Funds. Check the Meeting's website <http://www.chapelhillfriends.org/committees.html#shotts> for more information.
 - These funds are not need-based and are available to YOU as you engage in your personal renewal as a Friend.



Dr. Brad Kershner:
**PARENTING
 AND
 EDUCATION**
in the 21st Century

Photo by Laura Shmania.

the MakerLab @ Northgate • 1058 W Club Blvd.

Thursday, Feb. 7, 6 p.m.

The world is changing rapidly, and the work of parents and educators grows increasingly challenging, stressful, and confusing. This presentation is relevant for all parents, educators, and citizens in the 21st century. Dr. Kershner will address childhood development, literacy, technology, mindfulness, and education policy, with an emphasis on how to foster health and happiness for ourselves and our children in an increasingly complex world.



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The History of
ICE
 and
Immigrants
 in Our Community



Eno Friends Meeting

A presentation by the **NC Justice Center**

sponsored by
**Eno Friends Meeting of
 Hillsborough**

Sarah Hill McIntyre, Staff Attorney for the Immigrant & Refugee Rights Project, NC Justice Center will speak about the history of ICE and how ICE collaborates with local law enforcement. We will also be sharing stories and experiences of immigrants in our community.

Sunday, February 17

3:30 pm

Orange County Public Library
 137 W. Margaret Lane,
 Hillsborough

Free and open to the public – we hope you can join us for what promises to be an informative educational event!

Chapel Hill Friends Meeting

Meeting for Worship with Attention to Business
Matt Drake, Clerk and Alice Carlton, Recording Clerk
January 20, 2019
Minutes

In attendance: Alice Carlton, Matt Drake, Buffie Webber, Tom Ludlow, Curt Torell, Lynn Drake, Jan Hutton, Kurt Hein, Gwyn Hein, Julia Cleaver, Jennifer Leeman, Maura Murphy, Annette Broadwell, Richard Miller, Carolyn Stuart, John “the Quaker” Hite, Dave Curtin, Dottie Heninger, Kitty Bergel, Ruth Zalph, Pam Schwingl, Pat Mann, Tom Munk, Ken Grogan, Max Drake, Lois Ann Hobbs, David McDonald, Eddie F. Caldwell, Ann Miller, Wendy Michener, Don Hopper, Raymond Roberts, Thomas McQuiston, Emilie Condon, Tom Smith, Deborah Gibbs, Buzz Borschart, Tim Fogarty, Gregg Hawkins.

1. Opening worship and Query – Matt Drake, Meeting Clerk. Query: “How does worship enhance my capacity for attentive, non-judgmental listening to others?”
2. Matt – Welcome, recognition of first time attenders, review of agenda.
3. Minutes of December 16, 2018 MWAB were approved as written.
4. Jan Hutton presented the report to Piedmont Friends Yearly Meeting on “What has been on the hearts of our Meeting members this year?” It was approved with gratitude (attached appendix 1).
5. Dottie Heninger for the Archives Committee presented a Memorial Minute for Dirk Spruyt. It was approved with the addition of the date of his celebration of life we had before he passed and the date of his marriage to June (attached appendix 2).

6. Curt Torell, a Meeting representative to the Quaker House Board of Directors, presented the Quaker House Annual Report. It was accepted with gratitude (attached appendix 3).

7. Julia Cleaver, a Meeting representative to the Carolina Friends School Board of Trustees, presented the CFS annual report. It was accepted with gratitude (attached appendix 4).

8. Maura Murphy, Treasurer, presented the reports on the 2018-2019 budget year-to-date and July-December 2018. Due to bad weather during football season, we did not get as much in parking fees as in the past. Overall we are in good financial shape. Renovation expenses will probably be spent over a three year period. We now have an online way to donate through our web site, chapelhillfriends.org. We can also use a phone app called Give Plus to make donations easier for the younger generation. We accepted her reports with gratitude (attached appendix 5).

9. Don Hopper, Clerk of the Buildings and Grounds Committee, gave an update on the meeting room renovations. Demolition of the ceiling began last Monday. The electrician will begin installation of new lighting on Monday and also adjust the outside light motion sensor to provide more lighting to the steps. The heat and air conditioner workers will begin this week. New insulation will be added to the attic edges this week. Baseboards and chair rails will be installed the following Monday. The floor will be installed in February. The sound system will be improved. We may be back in the meeting room in five weeks. It will have a totally different look.

10. Dottie Heninger, co-clerk of the Nominations Committee, requests that committee clerks review with their committees and report any vacancies to Nomination Committee by mid-February.

11. Matt announced that the next MWAB will be Sunday, February 17, 2019. Worship and MWAB will continue in the schoolhouse through mid to late February.

!2. Announcements:

January 27, 2019 Forum: **Animal Welfare Committee:** Suzanne and Hue Nelson-Karreman, co-founders of Reverence Farms in Saxapahaw, talk about their vision and work.

February 3: “**Quaker 8’s: Fostering a Sense of Community.**” Participating in a small group is a way to deepen our connection to each other. Come learn about past groups and suggest ideas for new groups. Care and Counsel Committee, led by Jennifer Leeman and Tom Munk.

February 10: **Wounded Healers.** Led by William “Mecca” Elmore and other men who were formerly residents of the Orange County Correctional facility. The group will discuss their peer support efforts to OCC adults transitioning to community living and to youth in need of healing.

February 24: **Kindra Bradley,** Quaker House Director.

Meeting Directories are available in the foyer.

13. Closing worship, circle, prepare for 11:00AM meeting for worship.

Appendices

Appendix 1

Query: *What has been on the hearts of our meeting members this year?*

Among Friends in the Chapel Hill Monthly Meeting there is overwhelming clarity that there is much work to be done. The world; our country, are in turmoil: fraught by divisive politics, environmental disasters, and social upheaval. The effect of government policies on the lives of our most vulnerable is especially troubling. Many members feel deep anger, anguish or grief. They turn to Meeting for Worship (MFW) as a place for answers to the question: how do we live in this world but not of this world?

Central in many of us is a deep desire to connect with the Light Within, to find in MFW a refuge from the world’s chaos. Others see MFW as a springboard for action, a place for airing concern. Finding the right

balance as we worship has been challenging this year. As Quakers, how do we replenish our spiritual life and bring it out into the world? How do we keep each other centered and able to live with tenderness? How do we together seek the Truth? These are queries that we continue to wrestle with.

At our Spiritual State of the Meeting gathering, members spoke of how much they cherish our community. When they attend MFW, they are grateful for each person present. Many spoke of the continued Light, joy and enrichment that the men from the Orange Correctional Center bring to our Meeting. Others spoke of the joy of working with the children in First Day School. We strive to build and retain the number of children, youth and young adults in our meeting community.

Being adjacent to a large college campus, we often welcome visitors who come out of curiosity or in search of solace. Given the vocal ministry in MFW at times, some in our meeting are concerned that first-time attenders may find us a more a political action group rather than a spiritual community. Messages that offer prayers for peace and understanding can – and do – change the tone of the meeting. It is important that all of us model Quaker practice in our vocal ministry, and not just for newcomers.

Bracketing our hour of worship with the reading of the query in the beginning and sharing joys and sorrows/concerns toward the end has had a positive impact on our community. We are likely to hear more varied voices among these messages. It is a way for us to embrace those people in our meeting who may have been suffering in silence. It also serves to knit the community together.

Looking forward, many members are preparing to forge stronger bonds within our CHF M community through participation in Quaker Eight discussion groups, strengthening the spiritual aspects of committee meetings, and finding new ways to celebrate each other. Commenting on the current cultural climate, one member put it, “joy is a revolutionary act.”

Lastly, members spoke of their desire to complete the ongoing renovations of our worship space. The disruption of the space has impacted the quality of worship for some. We look forward to our space “being whole again.” The need for stewardship and spiritual nourishment is a constant presence, in our meeting and in the greater world.

Appendix 2

Dirk Spruyt

October 15, 1925 – November 16, 2017

Dirk formed a student Quaker Meeting while he attended Swarthmore College. Later he helped form the Dartmouth, NH Meeting. In 1967 he came to Chapel Hill and transferred his membership on April 1, 1968 from Hanover Friends Meeting. He became a large presence in our Meeting.

Dirk participated with the War Resisters League, and faithfully attended Peace and Social Concerns Committee meetings at CHF M. He was well known for his yearly Winter Solstice forums. He also served as clerk and participated in many clearness committees. In his later years, his concern for the environment became the focus of his social justice work. He was a central force in considerations surrounding the building of the Schoolhouse in the early 1990’s.

In August 1956 Dirk married June Sponberg under the care of the Cambridge Friends Meeting. This marriage resulted in the birth of four boys, Christopher, Eric, Peter, and Alan who participated in First Day School at CHF M. Their marriage eventually ended in divorce. On March 11, 2006, he joined with Perry Skinner Martin under the care of the Chapel Hill Friends Meeting on March 11, 2006. This was a joyous occasion and helped solidify our welcoming of Perry to our Meeting. They enjoyed eleven years together.

Dirk’s commitment to Quaker values was an inspiration to all who knew him. Although he served in the Navy in World War II, his pacifism informed much of the rest of his life. He clearly embraced the Quaker faith in continuing revelation. He was curious about death and Meeting arranged a celebration of life for him on October 30, 2016. His direction for this meeting was that Friends should share their own visions of life after death. Just as he wanted to learn Friends’ notions of death, he encouraged others to learn from his own experience of intentionally dying with dignity, once his quality of life had deteriorated from the assaults of Parkinson’s Disease.

Dirk was one of a kind! We will not see another like him.

Appendix 3

Annual Report on Quaker House to CHFM First Month; January 20, 2019

Address: Kindra Bradley, Executive Director, 223 Hillside Ave., Fayetteville, NC 28301
910-323-3912; www.quakerhouse.org; email: qpr@quaker.org

Mission Statement: Quaker House is a manifestation of the Religious Society of Friends' Peace Testimony. Based in Fayetteville, NC, the home of Fort Bragg, Quaker House provides counseling and support to service members who are questioning their role in the military; educates them, their families, and the public about military issues; and advocates for a more peaceful world.

Background: Chapel Hill Friends Meeting is a founding member, legacy, of Quaker House since 1969 when Dean Holland, a Vietnam era soldier who wanted to be a CO (conscientious objector) came to our meeting requesting help. The meeting concluded that "Quakers need to be in Fayetteville" and, with the help of Bob Gwyn and local meetings, it established Quaker House. Since then, Chapel Hill Friends Meeting has been a "legacy" contributor and helped the survival of Quaker House for 50 years as a peace organization, despite the demise of so many others.

Evolving Program: Since its inception 50 years ago, Quaker House is a witness for peace prophetically and pastorally. The peace testimony is manifested in our never-ending stance against war but also in our ministry to those victimized by war. How we carry that out continues to change over the years depending upon conditions of war, the nature of our country's deployment of troops, and subsequent casualties to conscience and family that result from that. At the beginning, Quaker House met the plea from Dean Holland as a CO and addressed the growing anti-war movement within the military and in the country as a whole. After Vietnam and the end to the draft, Quaker House supported the community in its outbreaks of racial violence and military family murders and suicides. Immediately after 9/11, numbers of CO and AWOL (Absent without Leave) cases grew. Our ministry to individuals suffering from moral injury, suicidal thoughts, and domestic violence is a result of our endless wars and repeated deployments since 9/11. Our work against torture, weaponized drones, and secret wars sign a light on U.S. policy. Most recently, less-than-honorable discharges are increasing, a result of service members who suffer PTSD, depression, and moral injury and a command structure that wants to discard them.

GI Rights Hotline: Begun in 1994, the Hotline answers thousands of calls yearly from active duty military, veterans, and their families. These numbers gradually increase. This year our Hotline counselors answered an average of 300 calls per month. The counselors' most rewarding yet most time-consuming work is helping service members obtain conscientious objector status: they guide and provide moral support as service members move through regulations, delays, and at times deliberate roadblocks from the command structure. The counselors also have been busier than ever with service members who are being threatened with other-than-honorable discharges. Service members who fall short of command expectations are being accused of "misconduct" or "personality disorder" when they actually suffer from PTSD, Traumatic Brain Injury, Moral Injury, and/or Military Sexual Trauma. Quaker House helps prove their medical condition (sometimes obtaining documentation through an independent or outside medical evaluation that we provide) so that they can receive an honorable discharge and their deserved medical benefits, essential for ongoing

treatment. Quaker House helped bring national attention to this problem. December and January have especially high call volume for AWOL cases (Absent Without Leave). Many recruits return home for vacation after completing basic training and realize the military is not for them, and they won't go back. The Hotline counselors help these service members maneuver through regulations and get administrative discharges minimizing other severe consequences.

Domestic Violence, Sexual Assault, and Moral Injury: Quaker House continues the important work of providing free, confidential counseling and support to the victims of military domestic violence, sexual assault, and moral injury and of promoting public awareness of this. Long and repeated deployments wreak havoc on both service members and their families. When a significant family member (usually a dad) is gone for many months, the other parent (often the mother) is forced to fulfill roles both as a nurturer and as the dominant figure. When the service member returns, the family structure changes significantly. The service member returns with the expectation that rules (by him) will be obeyed; but he is not the respected figure. This causes confusion in the parent and child. Our work is recognition that domestic violence is a real and too often neglected consequence of war-preparedness and lengthy deployments. Many of our clients have no insurance, so we literally save lives and at no cost to them.

Our therapist is a support to our Hotline counselors, who refer suicidal service members to her knowing they will be in good care. Not only does she provide regular hours to about ten counseling clients per week, but she is part of the CMRN (Civilian Medical Resource Network) helping the Hotline with psychological evaluations when service members face wrongful discharges. She sees clients on days not part of her usually scheduled time slots and will consult over the phone as needed, especially on client emergencies. She represents Quaker House at state, local, and on-base programs. She promotes Quaker House at the Behavioral Health Professionals Association conferences. Each year, she participates in the two major conferences at Ft. Bragg, does tabling at other Fayetteville events, and markets the program throughout the region. She and Kindra were plenary speakers on moral injury to a statewide conference of social workers and represented Quaker House at the Cumberland County Domestic Violence Vigil. She contributes articles to the Quaker House quarterly newsletter, submits reports regularly for Quaker House board meetings, and posts blogs. She supervises and mentors program interns assigned to her.

The reputation of the program has grown in the community and on base at Fort Bragg. Since its inception in 2013, our program has logged over 2000 counseling hours to over 65 clients, many of whom were desperate and had no place else to turn. Relying on the generosity of our donors, this and the GI Rights Hotline programs are free and without obligation to callers and clients.

Publications: Over a year ago, Quaker House published two books: *Help for Moral Injury: Strategies and Interventions* and *Conscientious Objection: Is This for You? Discerning a Claim and Documenting It with Selective Service*. Both continue to reach a wide and appreciative audience and bring in a small amount of regular income.

While looking at the present, we are also preserving history. The board is working with Gwen Gosney Erickson, current Guilford College archivist and daughter of early Quaker House Director Bob Gosney, on reviewing and digitalizing the Quaker House history and ensuring a balance between confidentiality and a thorough documentation of our work. An intern reviewed materials and helped organize these records.

50th Anniversary: 2019 will mark the 50th Anniversary of Quaker House. This is a remarkable milestone given the demise of so many peace organizations over that same span. We attribute our success to many variables: the devotion and expertise of our staff and board, the support of our Quaker meetings and donors, and the importance and relevance of our mission and work. As an organization, this event provides two important opportunities: a time to reflect and document what we accomplished AND the occasion to let a wider audience know about our work and, hopefully, support us both spiritually and financially. This is an investment, spending resources to make it happen. All our board members sought special contributions from their member meetings. In true Quaker frugality, we are tapping on volunteers, and we are SO blessed that Lynn Newsom, despite her retirement, is clerking our 50th Anniversary Committee. We will celebrate the 50th Anniversary in 2019 by producing two videos (*Conscientious Peacemaking since 1969* and *Personal Stories of Gratitude*); by hosting an event in Fayetteville on Sept. 21, 2019, featuring past directors and key people who Quaker House helped; and by sponsoring other local and regional events.

Outreach: Other outreach includes expanded internet and social media presence; contact with new yearly and monthly meetings. We need referrals and additional contact on our mailing list and online resources. Supporters are asked to “friend” Quaker House news on social media, forward messages to others, set up a Quaker House fundraiser account, post in Instagram (tag @quakerhouse), or set up an option for a portion of purchases to go to Amazon Smile

Finances: We are compensating from the loss of the yearly \$35K donation (~20% of income) from our biggest donor, who passed away FYE’ 17, resulting in a net -\$6,990 loss for that fiscal year. Fortunately, FYE ’18 yielded a slight gain of \$5,266 but from unique factors, i.e., differences in health benefit expenses and an unexpected, large, one-time gift of over \$20K.

Additional Detail: On the *expense* side, health benefit expenses were less due to the transition from Steve and Lynn Newsom’s retirement to the hiring of Kindra Bradley, which essentially reduced payment from two policies to one. In addition, employees purchased their own less expensive policies (which Quaker House reimbursed) vs Quaker House supplying expensive employer group policies. Given changes in the ACA, this cost will go up this fiscal year. We had to create a (QSE-HRA) Qualified Small Employer: Health Reimbursement Arrangement. On the *income* side, we were blessed to receive an unexpected one-time gift of \$20K+ from a donor who inherited unanticipated income. Despite our faith and the benevolence of a higher power, these miracle gifts won’t happen each year, so we depend both sustained and additional support from all our donors—individuals, organizations, and especially member meetings.

Salaries: We have three FTEs (full time equivalent staff): Kindra Bradey as Executive Director, Roderick Lewis our Office Assistant, and Steve Woolford and Lenore Yarger sharing one FTE as our GI Rights Hotline counselors. The total payroll expense was \$104,808, which included salary, health and dental benefits, payroll service, and employer tax expense. Our Domestic Violence counselor, a contracted employee, draws an additional amount, but we do not pay her income tax or other costs related to her business.

These salaries are quite low given the effective and efficient work of our five. Steve, Lenore, and Lewis do not receive a living wage. As Catholic Workers, Steve and Lenore choose to stay below the limit where they would pay federal income tax and fund our nation’s wars. Lewis makes a little over \$11/hour. We want to raise these levels to a livable wage, and we’ve been gradually them being mindful of a balanced budget. For all three, as well as our Executive Director, we look for other ways to support them through non-taxable benefits, budget permitting.

One call to our GI Rights Hotline counselor costs Quaker House \$9.28, including salary and all overhead, with calls averaging about 11 minutes and some calls lasting 40 minutes. The cost of a one-hour long session with our Domestic Violence is about \$31, about one third the typical rates in

the area. Many times our clients in both services are desperate, having no other recourse; some are suicidal. Our services are free and available to anyone. Quaker House saves lives.

Transition: In August 2017, we successfully made the transition from retiring Co-Directors Steve and Lynn Newsom to our new Executive Director Kindra Bradley. Steve and Lynn shared one full-time position, yet, admittedly, they both worked 40+ hours per week. Kindra cannot fill that gap, and we do not expect her to do so. Yet, Kindra has maintained program and activities. She brings to the position a new set of skills and expertise, particularly in social media and making broader connections with the Quaker community and beyond.

Meeting Involvement: *Kindra Bradley presented a forum at CHFM on December 10, 2017 and will do another on Feb. 24, 2019. Quaker House board members make regular announcements at Meeting for Worship and post information in the newsletter and listserv. Teens are supported, counseled, and often present Conscientious Objector letters to Meeting for Worship with Attention to Business. Members and attenders participate in Quaker House events and vigils both in Fayetteville and across the state. Many in our meeting receive our newsletter. CHFM presently has two representatives on the Quaker House board: John Hite and Curt Torell, who also serves as board treasurer and supports QH staff in many other ways. In the past, CHFM has had up to five members on the board. It would be helpful to have more. Members of our meeting, particularly Deborah Gibbs and Richard Miller, continue to lend their time and expertise to Quaker House projects. At the same time, Quaker House board involvement, across member meeting participation, is better than ever. Board members are finding specific and personal ways to contribute to the organization's work. Having a "working board" is essential.*

Highlights from Kindra's 2018 Work:

Outreach:

- Kindra coordinated a production March 16 at Guilford College of *This Evil Thing*, a play about a British World War I conscientious objection which was touring the East Coast.
- Conscientious Objection presentation at Spring Friends Meeting, May 28.
- Presentations at SAYMA, June 14-17.
- Counter-Recruitment Summit, Chicago, June 22-24.
- FGC, Toledo, Ohio, July 2-6, sampler workshops that were well attended.
- North Carolina Yearly Meeting, Conservative, Greensboro, July 12-15, interest session.
- Forum with NC Peace Action and Highland United Methodist Church Raleigh, July 21.
- North Pacific Yearly Meeting, Tacoma, WA, July 25-29, tabled and led workshop.
- NC Foundation for Alcohol and Drug Studies Summer School, Wilmington, NC, Aug. 23 on Moral Injury and included Joanna, our Domestic Violence counselor.
- Friends Church of NC (FCNC) Quaker Lake, Aug. 3-5, tabled and got to know people.
- Western Friends Online Conversations on Friends & the Military, Aug. 9. Online forum.
- NC Fellowship of Friends (NCFE), Quaker Lake, Aug. 18, building relationships/bridges.
- Special Victims Summit, Ft. Bragg, Aug. 29, tabled, significant connections with others.
- VA Mental Health Summit, Methodist Univ., Sept. 6, tabled, attended sessions, contacts.
- Piedmont Friends Fellowship and Yearly Meeting (PFF/PFYM) fall retreat, Sept. 8-9.
- Fayetteville relationships, continuing many local contacts nurtured by previous Directors.
- The Poor People's Campaign rally in Raleigh, May 29, attended by Kindra and a fellow board member.
- Monitored National Commission on Military, National, and Public Service Hearings.
- Attended Cumberland County Domestic Violence Vigil with DV counselor.

- Attended service on Vigils for Tree of Life Shootings, Fayetteville Beth Israel Synagogue and community vigil at the City Council Chambers.
- Continued involvement with Coffee with the Mayor; Fayetteville Police Department Faith Forum; Cumberland County Veterans Council; Governor’s Working Group on Veterans, Service Members, and Their Families; and Fayetteville Chapter of the National Organization of Women (enthusiastic and significant supporter of Quaker House).
- Interfaith Thanksgiving Service, Holy Trinity Episcopal Church.
- Continuing legal education on nonprofits conference.
- FCNL conference on lobbying and work to build collaborations.
- Encourage Alternative Christmas events in member meetings (CHFM, New Garden, etc.)
- Upcoming forum at CHFM, Feb. 24.

Expand Social Media and Electronic Communications:

- One of the most important tasks that Kindra accomplished is with the Quaker House website. First, she moved oversight and the server of our website from two people who originally set it up but who became limited and not very responsive to our needs, despite their ultimate control over it. This was a HUGE step; we’ve been trying to do this for years.
- Updated content and also the site’s security, which was much needed.
- Kindra increased Quaker House social media posts and is tracking them. More can be done on this by requesting all of our member meetings and individual supporters to “share” our posts on their various social media platforms.
- Lynn Newsom was featured on Ft. Bragg stories on NPR. Highlighting work with incarcerated veterans and need for better mental health services to them.

House Maintenance:

- Completed successful termite inspection.
- Completed replacement of kitchen floor and buckling from water damage, mostly through additional donations derived from social media and personal contacts.
- Completed new dishwasher and refrigerator installation, which may have caused the water damage.
- Re-negotiated Homeowner’s Worker’s Comp Insurance renewal at a more competitive cost.
- Obtained insurance reimbursement for Hurricane Florence damage to porch swing and deck.

New Programs:

- A sacred texts study group started in October that involves local Fayetteville Christian, Jewish, and Muslim leaders. This provides an unanticipated benefit that gets the Quaker House name out to a new demographic in Fayetteville.
- A military writing group linking with local Warrior Writers groups started Jan. 2019.

Kindra’s Future Goals Include:

- Understand more the world events and peacebuilding methods.
- Increase skill using Word Press (for our website) and other social media tools and expand Quaker House use of them.
- Increase pastoral skills and spiritual counseling.
- Increase our fundraising results and reach with Quaker circles and beyond.
- **Get conscientious objection as a self-designation option on Selective Service form.**
- **Develop a relationship with elected representatives to keep dialogue on peace issues.**

Connection, Support, and Overlap of Time/Energy between Quaker House and CHFM: The work of Quaker House and CHFM is complementary. The third “leg” of the Quaker House mission is that we advocate for a more peaceful world. The U.S. is a “war country.” We have Special Forces in over 137 countries and over 800 bases in countries throughout the world. Our wars are becoming more secret, seemingly antiseptic, technical, and relying on “Artificial Intelligence.” As a religious

denomination where the peace testimony is central, we are, in military terms, losing the battle. So, in the overlapping roles with both CHFM and Quaker House, how can we collaborate more closely and work in tandem to bring about a more peaceable kingdom? This concern was raised at a recent P&J Committee meeting, and we hope additional strategies will emerge. As a subsequent action, Tom Munk and Curt are forming a local FCNL Advocacy Team which will focus on the repeal of the AUMF Act (Authorization of Use for Military Force).

Closing Remark: All of us at Quaker House appreciate the generosity from CHFM—its legacy, its members and attenders who support Quaker House both financially and through their volunteer service and sharing of expertise, AND especially the meeting’s yearly benevolence. That gratitude is expressed continuously and overwhelmingly by the people we help. In a recent interview of our Hotline Counselors for one of our 50th Anniversary videos, they said:

Every shift I work, people tell us how appreciative they are that we are there and that this service exists. In fact, there is often disbelief on their part that someone would be out there and care enough about them to be helping in this way. The callers that we help are so grateful that people are providing this support. At times, they can’t believe this is true. ... Quaker House is a place where the peace movement comes together with these particular victims of war, and that doesn’t happen anywhere else. Carolina Friends School Trustee Annual report to the January 20, 2019 Meeting for Worship with Attention to Business.

Appendix 4

Carolina Friends School’s stated mission is:

Carolina Friends School is a vibrant and inclusive learning community empowering students to think critically, creatively, and independently. We foster active exploration and quiet reflection, individual endeavor and collaborative engagement. Inspired by Quaker values — pursuit of truth, respect for all, peaceful resolution of conflict, simplicity, the call to service — we teach our children that it is possible to change the world.

Quaker values of equality and justice permeate every aspect of the life of the school. Board members from both the Chapel Hill and Durham Meetings constitute about a third of the trustees of the school, and also serve on the Quaker School Life committee and other committees, to attend to the presence of Quaker values throughout the school community. Additionally, the school participates in a review process with the Friends Council on Education, that includes extensive documentation and site visits, to determine the adherence to their “Principles of Good Practice: Affirming the Quaker Identity.” The 17-page document representing that review is available if you are interested.

The school community turns to the power of Quakerism as they respond to the difficult events happening around us. In the aftermath of the Parkland tragedy, CFS students joined with other young people across the country to engage in dialogues, protests, and other forms of activism to raise awareness and encourage activism on the issues of school safety, gun violence, and gun control. Fueled by passion, anger, and a desire to thwart the climate of fear that threatens many schools, students have taken the lead on addressing these concerns within the CFS community. Specifically, Lower School students reflected on the rights of children in classroom-based meetings for worship.

Friends can learn more about how the school nurtures Quaker values with their students by watching the documentary **Truth in Transit** about Carolina Friends School’s 2015 End-of-Year trip through Appalachia’s coal country. The film depicts a group of students as they seek to understand climate change as it relates to mountaintop removal, environmental justice, and Quaker education. This feature-length film provides an intimate and cinematically stunning portrait of the students as they explore coal mines, participate in bluegrass jams, and get trained to do non-violent direct action. The film offers a testament to the transformative powers of experiential education and explores ways that Quaker values, and Quaker schools, can help us confront the climate crisis.

CFS serves 510 students, with 24% of the student body representing racial/ethnic diversity. After much research, feedback, and reflection, the school undertook last year to introduce a radical new adjusted tuition model, that calls on families to pay a tuition based on their ability to pay. This represents a major opportunity for CFS to be a model for

what is possible in private school education, reflecting socioeconomic and ethnic diversity (just as the founding of the school, an effort begun, in part, by members of our CHFM, was a model for what racially integrated education could be some 56 years ago). In the first year of this program, the school went from 26% of the families receiving financial aid, to 33% in the adjusted tuition program, with over one million dollars made available for tuition adjustments last year. It is anticipated that these numbers will continue to rise, and will further assist in creating a community of learners that reflect the socioeconomic and ethnically diverse face of the surrounding community.

In a further effort to promote equity and diversity at CFS, Naa Adom has joined the staff as Director of Diversity, Equity, and Inclusion. In her first year Naa is investigating whether CFS is a multicultural school. She is looking at the “Big 8” of Cultural Identity - race, ethnicity, socio-economic status, age, gender, sexuality, ability, and religion. She is posing a series of queries to the community such as: do students see themselves in the breadth and depth of the curriculum and in all areas of the school? Are we examining our own biases continually? Is power distributed equally at CFS? Inclusion - do our classes and activities consider the needs of all members? How do we thoughtfully engage in difficult conversations?

CFS is also a place that has a powerful role in creating future advocates, who are likely to be in positions of influence and/ or power, for Quaker values in all arenas of our culture. This is a hugely important undertaking! The nurturance of service, through informed action, is built into every unit of the school. CFS is an intentional place to grow future leaders who will prioritize equality and justice, and speak truth to power. Some examples of many such efforts include CFS’ leadership role in the Peaceful Schools Coalition, that brings a peace curriculum to schools, the offering of funded slots to students from the predominately African American Nativity School to attend CFS, and the Quaker Bolivian Fund which offers a teaching experience to a Bolivian teacher for the second year this year.

Additionally, for the first time, on February 1-3, the 2018 Quaker Youth Leadership Conference (QYLC) was held at CFS. The event, now in its 19th year, is a gathering of students and teachers from Quaker secondary schools across the country. It serves to strengthen the Quaker values in young leaders and encourage them to work collaboratively and with intent to solve the world’s social, political, and environmental issues. The theme of this year’s conference, selected by student planners from CFS, and our co-sponsor, New Garden Friends School, was “Branch Out! Growing Communities Through Service and Storytelling.”

While the school is in good financial health, Carolina Friends School has two areas of concern to the Board of Trustees that are important to consider. The first, in developing the needed facilities to serve students, the school has, for the first time in its 56-year history, taken on debt related to the construction of the facilities and physical plant, specifically the new Performing Arts Center which was completed this fall. Additionally, the Board of Trustees will begin, this year, to do an analysis of staff salaries. We are aware that there are some very serious deficits in the salaries of our professional faculty, and will be searching for the financial means with which to rectify this situation. Many staff forego higher salaries in public and private settings to serve at CFS, because they believe in the work of the school. It is our hope that CFS can properly compensate those who serve the school, with salaries that are more nearly in alignment with their peers at other public and private schools.

Submitted by the CHFM Trustees to CFS

Patrick Mann
Faye Stanley
Buffie Webber

Julia Cleaver

Appendix 5

| <i>Jul - Dec 18 Budget % of Budget</i> | | |
|--|-----------|-----------------|
| Ordinary Income/Expense | | |
| | Income | |
| Building Rental | 599.90 | 300.00 200.0% |
| Contributions | 46,099.37 | 67,535.00 68.3% |
| Parking space rental | 3,950.00 | 5,200.00 76.0% |
| Total Income | 50,649.27 | 73,035.00 69.3% |
| Gross Profit | 50,649.27 | 73,035.00 69.3% |
| Expense | | |

Benevolences

Archives Benevolences 0.00 150.00 0.0%
M&W Benevolences 0.00 1,400.00 0.0%
P&J Benevolences 50.00 24,450.00 0.2%
Total Benevolences 50.00 26,000.00 0.2%

Committees

Adult Religious Ed 0.00 100.00 0.0%
Archives 0.00 25.00 0.0%
Building and Grounds 8,463.98 11,000.00 76.9%

Care and Counsel

Meeting for Suffering 0.00 110.00 0.0%
Care and Counsel - Other 0.00 200.00 0.0%
Total Care and Counsel 0.00 310.00 0.0%

Children's/Youth Religious Ed

Southern Appl. Young Friends 180.00
Children's/Youth Religious Ed - Other 112.11 1,500.00 7.5%
Total Children's/Youth Religious Ed 292.11 1,500.00 19.5%

Finance

Contingency Fund 0.00 1,000.00 0.0%
Finance - Other 169.23 350.00 48.4%
Total Finance 169.23 1,350.00 12.5%
Friends Transition & Suppt-Yoke 351.24 1,700.00 20.7%

Hospitality 67.21 400.00 16.8%

IFC 125.00 200.00 62.5%

Library 140.00 400.00 35.0%

Ministry and Worship 320.05 800.00 40.0%

Nominations 0.00 10.00 0.0%

Peace and Justice

National Quaker Service 872.84 1,500.00 58.2%

Peace and Justice - Other 134.68 300.00 44.9%

Total Peace and Justice 1,007.52 1,800.00 56.0%

Publications and Communications 0.00 1,750.00 0.0%

Total Committees 10,936.34 21,345.00 51.2%

Obligations

Bank Fee 15.00 50.00 30.0%

FDS Coordinator/Childcare 2,462.68 6,000.00 41.0%

Insurance 350.00 5,900.00 5.9%

Software License Fee 299.00 1,000.00 29.9%

UBIT, Storm Fees 678.55 1,240.00 54.7%

Utilities 1,345.45 5,000.00 26.9%

Total Obligations 5,150.68 19,190.00 26.8%

Transfers to other accounts

Care and Counsel 0.00 500.00 0.0%

Leadership Development 0.00 200.00 0.0%

8:10 PM Chapel Hill Friends Meeting

01/01/19 Budget v. Actuals

Cash Basis July through December 2018

Page 1

Jul - Dec 18 Budget % of Budget

Physical Plant Fund 0.00 4,000.00 0.0%

Returning Citizens 0.00 1,000.00 0.0%

Youth Service Trip 0.00 800.00 0.0%

Total Transfers to other accounts 0.00 6,500.00 0.0%

Total Expense 16,137.02 73,035.00 22.1%
 Net Ordinary Income 34,512.25 0.00 100.0%
 Other Income/Expense
 Other Income
 Misc Income
 Building Renovation Donation 5,050.00
 Interest income 2,049.29
 Misc Income - Other 829.30
 Total Misc Income 7,928.59
 Total Other Income 7,928.59
 Other Expense
 Building Renovation
 Lower level furnishing 1,993.18
 Upstairs renovation 948.00
 Building Renovation - Other 12,226.17
 Total Building Renovation 15,167.35
 CLPEQL Bates 2,647.88
 Credit Card Fee 25.41
 Refugee Project Expenses 1,128.11
 Returning Citizens 331.11
 Shotts Leadership 373.00
 Total Other Expense 19,672.86
 Net Other Income -11,744.27
 Net Income 22,767.98 0.00 100.0%
 8:10 PM Chapel Hill Friends Meeting
 01/01/19 Budget v. Actuals
 Cash Basis July through December 2018

Dec 31, 18

ASSETS

Current Assets

Checking/Savings

BB&T-2699 Community Checking 48,897.20
 BB&T-3430 Refac (Return Citz) 783.08
 BB&T-3597 Youth Service Trip 1,515.53
 BB&T-4039 Building Renovat Fund 51,067.54
 BB&T-4071 Care and Counsel 2,385.70
 BB&T-4593 Shotts Leadership 3,598.74
 BB&T-9737 Money Rate Savings 20,029.30
 Total Checking/Savings 128,277.09

Other Current Assets

FF- Bequest Fund 1,314.63
 FF- General Fund 19,947.40
 FF- Physical Plant Reserve Fund 23,750.93
 Total Other Current Assets 45,012.96

Total Current Assets 173,290.05

Other Assets

FF- Shotts Endowment 31,374.26
 Total Other Assets 31,374.26

TOTAL ASSETS 204,664.31

LIABILITIES & EQUITY

Liabilities

Current Liabilities

Other Current Liabilities
Payroll Liabilities 742.91
Total Other Current Liabilities 742.91
Total Current Liabilities 742.91
Total Liabilities 742.91
Equity
FF Unrealized Gain/Loss 8,640.44
Opening Balance Equity 134,376.03
Unrestricted Net Assets 38,136.95
Net Income 22,767.98
Total Equity 203,921.40
TOTAL LIABILITIES & EQUITY 204,664.31
8:11 PM Chapel Hill Friends Meeting
01/01/19 Balance Sheet
Cash Basis As of December 31, 2018



Friends Committee on
National Legislation
A Quaker Lobby in the Public Interest



ADVOCACY FOR THE LONG HAUL

FCNL Advocacy Teams Launch

Date: **March 2, 2019** Time: **9:00 AM - 12:30 PM**
Location: **Chapel Hill Friends Meeting Education Building**
531 Raleigh Road, Chapel Hill, NC 27514.

Register Here! <https://act.fcnl.org/event/advocacy-teams/671/>

People across the country are asking the same question: "What can I do to change what's happening in the world?"

Our 75 years on Capitol Hill have shown that your voice can make an important impact on federal policy. In-person meetings with your members of Congress are the [most effective way](#) to influence policy decisions.

Change in Washington starts with you.

Please join FCNL for an advocacy workshop and learn how to:

- Influence your members of Congress and their staff through face-to-face conversations
- Drive the media coverage you want to see
- Build a strategic team in your community that lobbies as part of a powerful national advocacy network
- Join our 2019 Advocacy Team campaign to stop endless wars by urging Congress to reassert its constitutional authority. We are supporting legislation to repeal the AUMF and encourage public debate on all issues of war and peace.

Learn More: fcnl.org/advocacyteams

The Friends Committee on National Legislation is a Quaker lobby in the public interest that seeks to promote just, peaceful and equitable policies in the U.S. government. FCNL's influence in Washington stems from the integrity and truthfulness of our arguments and the strength of our grassroots network.

Intergenerational Games

Please join us on the First Sunday of each month for Intergenerational Games following potluck, after the rise of Meeting.

Chapel Hill Friends Meeting

Chapel Hill Monthly Meeting of the Religious Society of Friends

531 Raleigh Road, Chapel Hill, NC 27514 (919) 929-5377

Meetings for Worship on First Days at 8:30 and 11:00 AM

Forum at 9:45am; Child Care from 9:30 AM–12:15 PM

First Day School from 11:15 AM–12:00 PM

Clerk of the Meeting: Matt Drake (919) 968-0044

Resident: John Hite (919) 929-5377
Newsletter. This newsletter is published every first Sunday under the care of the

Publications and Communications Committee. Paper copies are available at the Meetinghouse and a PDF is posted on the Meeting website, www.chapelhillfriends.org. The deadline for submissions is 10 PM on the last Sunday of the month. Email submissions to news@chapelhillfriends.org. Please include "newsletter" in the subject line.-news. To send a news or "In the Light" announcement in the Meeting's e-news, contact news@chapelhillfriends.org. Please include "e-news" or "in the light" in the subject line. This e-news goes to about 280 people. Do not submit personal information about someone else unless you know he/she wants to share. Subscribe to the e-news at www.chapelhillfriends.org/contact.html. Website. To get items posted on our website, send them to news@chapelhillfriends.org.