

If you are 70 ½ or older the IRS allows you to give to charitable organizations, including CHFM, directly from an IRA and pay no income tax on the distribution—even if you don't itemize deductions. For a detailed discussion of this and other tax-advantaged methods of donating, see these resources:

Resource #1:

<https://www.schwabcharitable.org/giving-with-ira#:~:text=The%20IRA%20assets%20go%20directly,charitable%20tax%20deductions%20are%20claimed.>

Resource #2:

<https://www.irs.gov/newsroom/reminder-to-ira-owners-age-70-and-a-half-or-over-qualified-charitable-distributions-are-great-options-for-making-tax-free-gifts-to-charity>